

# Vaal Regional Academic Program – 2025



*Enhancing knowledge sharing and professional development for Occupational Health professionals across regions.*

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## Vaal Regional Committee Members 2025

Name	Position	Contact Number	Email Address
<i>Esmiralda Oosthuizen</i>	<i>Chair/ EXCO representative</i>	<i>0793776291</i>	<a href="mailto:VaalSasohn@gmail.com"><u>VaalSasohn@gmail.com</u></a>
<i>Melissa Van Deventer</i>	<i>Treasurer</i>		<a href="mailto:VaalSasohn@gmail.com"><u>VaalSasohn@gmail.com</u></a>
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<i>Ronel Rossouw</i>	<i>PRO/Social Rep</i>		<a href="mailto:VaalSasohn@gmail.com"><u>VaalSasohn@gmail.com</u></a>
<i>Kitty Prinsloo</i>	<i>Co-Opted</i>		<a href="mailto:VaalSasohn@gmail.com"><u>VaalSasohn@gmail.com</u></a>

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### Notes:

- All events are subject to change. Please check for updates as needed.
- For virtual events, meeting links will be sent prior to the session.
- If attending in person, please RSVP to secure your spot.

## February

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
<b>Effective Medical Emergency Management in Occupational Health Clinics</b>	TBC	27 <sup>th</sup> February 2025 14:30 – 16:30	Teams / Safripol Sasolburg	Virtual/Face-to-Face	<a href="https://events.teams.microsoft.com/event/ce9d9b7f-2f06-4098-b5cc-dc7c38851498@005c07f2-1812-40a9-82ec-700570a99bff">https://events.teams.microsoft.com/event/ce9d9b7f-2f06-4098-b5cc-dc7c38851498@005c07f2-1812-40a9-82ec-700570a99bff</a>

## April

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
<b>Promoting Mental Health and Well-being in the Workplace</b>	TBC	24 <sup>th</sup> April 2025 14:30 - 16:30	Teams / Safripol Sasolburg	Virtual/Face-to-Face	<a href="https://events.teams.microsoft.com/event/92e762fd-6454-4335-8a41-07dd4f73a284@005c07f2-1812-40a9-82ec-700570a99bff">https://events.teams.microsoft.com/event/92e762fd-6454-4335-8a41-07dd4f73a284@005c07f2-1812-40a9-82ec-700570a99bff</a>

## July

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
<b>Workshop - Managing Workplace Injuries: Best Practices for Injury on Duty/Occupational Disease Cases</b>	TBC	31 <sup>st</sup> July 2025	TBC	Face to Face	
<b>Regional meeting</b>	SASOHN Vaal Committee	31st July 2025 14:30 – 16:30	Teams/ workshop venue	Virtual/Face-to-Face	<a href="https://events.teams.microsoft.com/event/b0371d05-0b40-4464-87f6-9088cb629263@005c07f2-1812-40a9-82ec-700570a99bff">https://events.teams.microsoft.com/event/b0371d05-0b40-4464-87f6-9088cb629263@005c07f2-1812-40a9-82ec-700570a99bff</a>

## September

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
<b>Creating a Wellness Day: Strategies for Organizing a Successful Event</b>	TBC	18 September 2025 14:30 – 16:30	Teams / Safripol Sasolburg	Virtual/Face-to-Face]	<a href="https://events.teams.microsoft.com/event/f59964d1-3e21-4c3a-afdf-a2e0ee5697da@005c07f2-1812-40a9-82ec-700570a99bff">https://events.teams.microsoft.com/event/f59964d1-3e21-4c3a-afdf-a2e0ee5697da@005c07f2-1812-40a9-82ec-700570a99bff</a>