# Western Cape Regional Academic Program – 2025



Enhancing knowledge sharing and professional development for Occupational Health professionals across regions.

#### **Western Cape Regional Committee Members 2025**

Name	Position	Contact Number	Email Address
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Co-opted:			
Natalie Copeling	SPM	083 440 0506	CopelingN@cput.ac.za

#### **Notes:**

- All events are subject to change. Please check for updates as needed.
- For virtual events, meeting links will be sent prior to the session.
- If attending in person, please RSVP to secure your spot.

#### January

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Algorithms	Dr Mpho	29 <sup>th</sup> -	Online	MS Teams Virtual	To be send
Back-to-	Rakgoale	14h00 -		session	
basics:	(NIOH)	16h00			
What does					
SASOHN					
offer!					

# **February**

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
History	Tba	26 <sup>th</sup> -	Online	MS Teams Virtual	To be send
taking		14h00		session	
Back-to-		_			
basics:		16h00			
Medical					
Indemnity:					
Consent-					
CFP Brokers					

#### March

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
HRA/OREP	tba	28 <sup>th</sup>	tba	Face-to-Face	n/a

# April

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Epilepsy in	tba	30 <sup>th</sup> -	Online	MS Teams	To be send
the		14h00 -		Virtual session	
Workplace		16h00			
Back-to-					
basics:					
Eye					
conditions					

### May

Торіс	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
International	tba	12 <sup>th</sup> -	tba	tba	tba
Nurses Day					

	14h00 -			
	16h00			
Respiratory	28 <sup>th</sup> -	Online	MS Teams	To be send
<b>Impairment</b>	14h00 -		Virtual session	
Back-to-	16h00			
basics: Triage				

#### June

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Fitness to Work	tba	27 <sup>th</sup> - 08h00 – 16h00	tba	Face-to-Face	n/a

# July

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
Employees &	tba	30 <sup>th</sup> -	Online	MS Teams	To be send
Nutrition		14h00 -		Virtual session	
Back-to-		16h00			
basics: Urine					
Dipstix					

### **August**

Topic	Speake	er Date & Time	Venue	Mode of Meeting	Meeting Link
Mental Health	tba	8 <sup>th</sup> - 13h00 – 16h	Online 00	MS Teams Virtual session	To be send
Al in OH Back-to- basics: Vula App	Leon i Viljo en	27 <sup>th</sup> - 14h00 - 16h00	Online	MS Teams Virtual session	To be send

# September

Topic	Speaker	Date & Time	Venue	Mode of Meeting	Meeting Link
AGM -Case	tba	17 <sup>th</sup> -	TBA	Face-to-Face	n/a
studies		14h00 – 16h00			

#### October

Topic	Spea	Date & Time	Venu	Mode of	Meeting Link
	ker		е	Meeting	

Diabetes in	tba	29 <sup>th</sup> -	Online	MS Teams	To be send
the		14h00 - 16h00		Virtual session	
Workplace					
Back-to-					
basics:					
Footcare					

#### **November**

Date & Time	Venue	Mode of Meeting	Comment
1	TBA	Face to Face	HLM lunch
TBA	TBA	Face to Face	SASOHN National Conference