

Courses & Price List 2018

Excellence through understanding

The Academy of Excellence training is accredited by authorities such as the SANC, UJ, the Department of Labour and SETA's, where applicable. Our courses are practically orientated and modular

- **Occupational Health Training**
- **Primary Health & Wellness Training**
- **Health & Safety Training**
- **Financial Wellness Training**

Contact us

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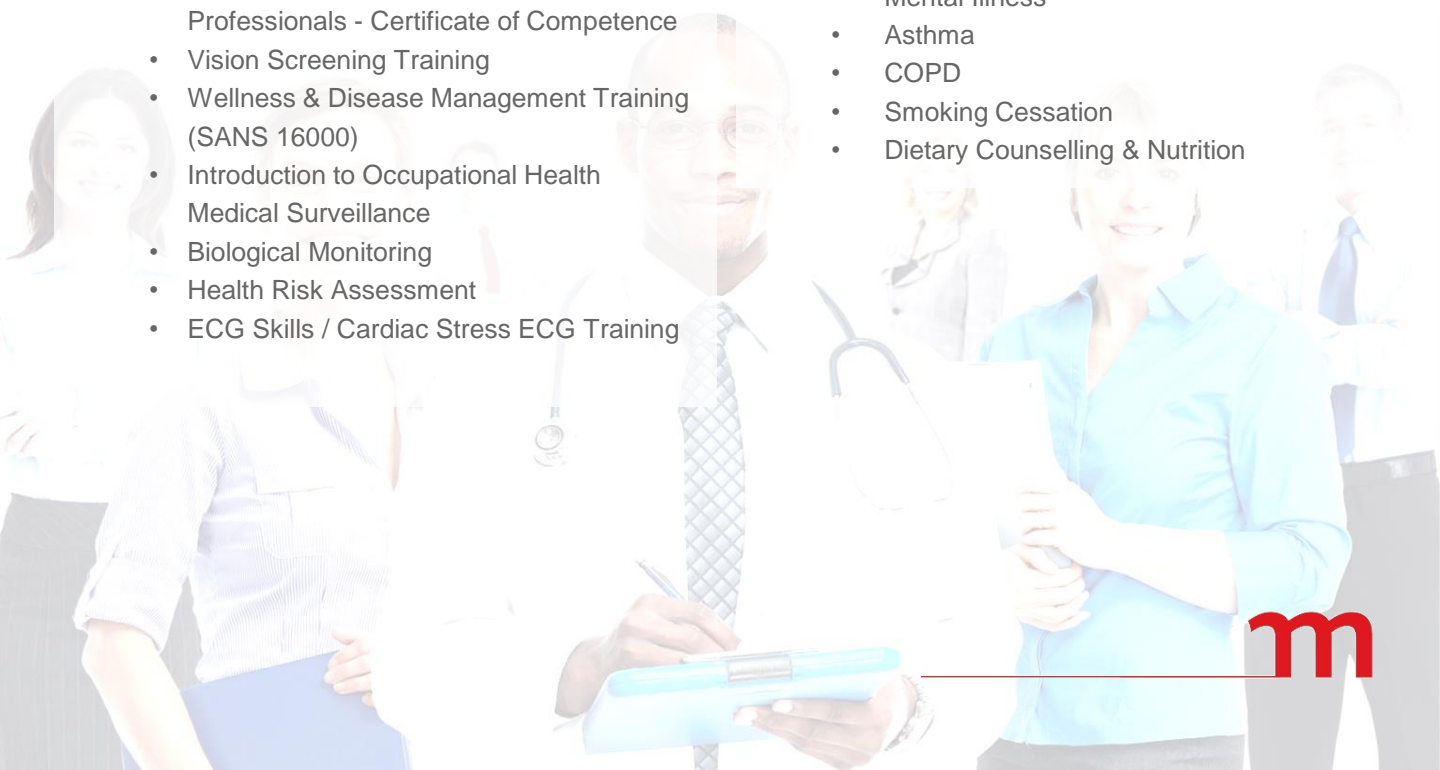
Basket of courses

Occupational Health

- Diploma
 - **Diploma in Occupational Health Nursing Science**
- Short Courses & Workshops
 - **Spirometry**
 - Spirometry Certificate of Competence
 - Spirometry Refresher Training
 - **Audiometry**
 - Audiometry Certificate of Competence
 - Audiometry Refresher Training
 - **Other**
 - Physical Examination & Health Assessment Certificate of Competence
 - Physical Examination & Health Assessment Refresher Training
 - Emergency Care Training for Healthcare Professionals - Certificate of Competence
 - Vision Screening Training
 - Wellness & Disease Management Training (SANS 16000)
 - Introduction to Occupational Health Medical Surveillance
 - Biological Monitoring
 - Health Risk Assessment
 - ECG Skills / Cardiac Stress ECG Training

Primary Healthcare

- **Short Courses & Workshops**
 - Contraception & Fertility Planning Certificate of Competence
 - Baby Immunisation Training
 - **HIV**
 - HIV/AIDS Peer Educators
 - HIV/AIDS Management, Supervisor & Union Training
 - Wellness Champion Training
 - Peer Co-ordinator Training
 - Workplace Management Training
 - **Non communicable disease (NCD)**
 - Core concepts in NCD's
 - Hypertension
 - Diabetes
 - Substance Abuse
 - Cardiovascular Disease
 - Mental Illness
 - Asthma
 - COPD
 - Smoking Cessation
 - Dietary Counselling & Nutrition





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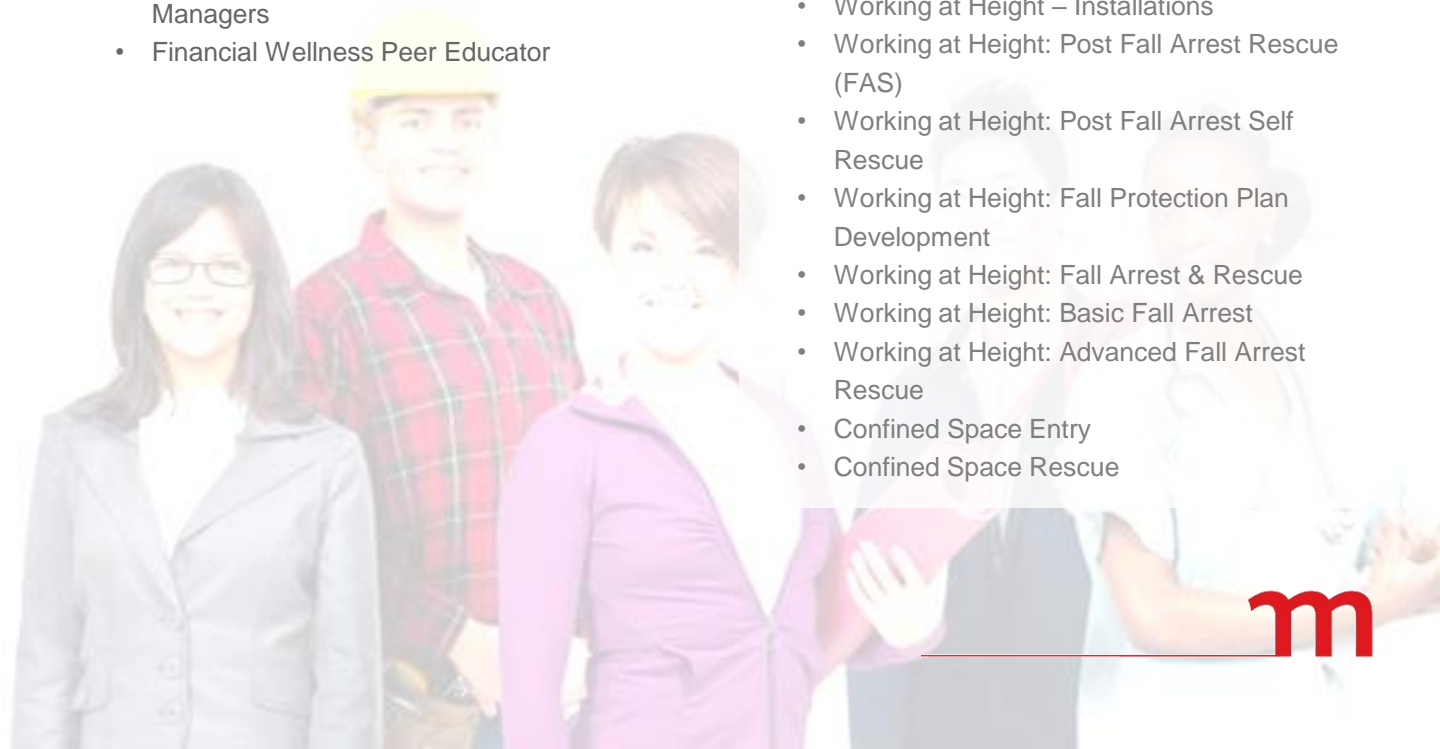
Basket of courses

Health & safety

- **Fire fighting / fire prevention**
 - Basic Fire fighting
 - Fire Marshalls
 - Advanced Fire Fighting
 - Emergency Evacuation Procedures
- **First aid / medical**
 - First Aid Level 1
 - First Aid Level 2
 - First Aid level 3
 - Combined First Aid Level 1 & 2
 - Combined First Aid Level 1, 2 & 3
 - Basic Ambulance Assistant (HPCSA)
 - Basic Life Support for Health Care Providers
- **Financial wellness**
 - Introduction to Financial Wellness for Employees
 - Financial Wellness in the Workplace for Managers
 - Financial Wellness Peer Educator

Health & safety

- Health & Safety Representative
- Introduction to Occupational Health & Safety Act
- Accident & Incident Investigation
- Risk Assessment – HIRA
- Health & Safety for Supervisors
- Health & Safety for Supervisors – with practical
- Introduction to SAMTRAC
- Advanced SAMTRAC
- SAMTRAC
- Construction Regulations
- COID Act
- Environmental Awareness
- Legal Liability
- **Working at Heights**
 - Working at Height – Basic
 - Working at Height – Installations
 - Working at Height: Post Fall Arrest Rescue (FAS)
 - Working at Height: Post Fall Arrest Self Rescue
 - Working at Height: Fall Protection Plan Development
 - Working at Height: Fall Arrest & Rescue
 - Working at Height: Basic Fall Arrest
 - Working at Height: Advanced Fall Arrest Rescue
 - Confined Space Entry
 - Confined Space Rescue





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Occupational Health Training

DIPLOMA'S			Price per person	Min price per group
D1	Diploma in Occupational Health Nursing – 8 modules excluding 3 compulsory Short Courses	1 or 2 Years	R 43,500.00	N/A
SHORT COURSES & WORKSHOPS				
Spirometry			Price per person	Min price per group
<i>Presented for individuals and groups. Training will run for min 12 max 20 learners</i>				
SP SC	Spirometry Certificate of Competence Short Course	3 Days	R 4,150.00	R 49,000.00
SP R1	Spirometry Refresher Training	1 Day	R 1,750.00	R 20,000.00
Audiometry			Price per person	Min price per group
<i>Presented for individuals and groups. Training will run for min 12 max 20 learners</i>				
AU SC	Audiometry Certificate of Competence Short Course	3 Days	R 4,150.00	R 49,000.00
AU R1	Audiometry Refresher Training	1 Day	R 1,750.00	R 20,000.00
Occupational Health			Price per person	Min price per group
<i>Presented for individuals and groups. Training will run for min 12 max 20 learners</i>				
OH 1	Introduction to Occupational Health	5 Days	R 7,990.00	R 95,000.00
OH 2	Medical Surveillance	1 Day	R 1,950.00	R 23,000.00
OH 3	Biological Monitoring	1 Day	R 1,950.00	R 23,000.00
OH 4	Health Risk Assessment	2 Days	R 3,175.00	R 38,000.00
OH 5	Wellness & Disease Management	5 Days	R 7,950.00	R 95,000.00
OH 6	Physical Examination & Health Assessment Skills	6 Days	R 8,450.00	R 100,000.00
OH 7	Physical Examination & Health Assessment Skills Refresher Training	1 Day	R 2,150.00	R 25,000.00
OH 8	Emergency Care Training for Healthcare Professionals	4 Days	R 7,450.00	R 89,000.00
OH 9	Vision Screening in the Workplace	1 Day	R 1,750.00	R 20,000.00
OH 10	ECG Skills / Cardiac Stress ECG Training	1 Day	R 2,000.00	R 24,000.00



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Primary Health Training

SHORT COURSES & WORKSHOPS				
Non-Communicable Diseases			Price per person	Min price per group
<i>Presented for groups only. Training will run for min 12 max 20 learners</i>				
NCD 1	Core Concepts In NCD's	1 Day	R 1,750.00	R 20,000.00
NCD 2	Hypertension	1 Day	R 1,750.00	R 20,000.00
NCD 3	Diabetes	1 Day	R 1,750.00	R 20,000.00
NCD 4	Substance Abuse	1 Day	R 1,750.00	R 20,000.00
NCD 5	Cardiovascular Disease	1 Day	R 1,750.00	R 20,000.00
NCD 6	Mental Illness	1 Day	R 1,750.00	R 20,000.00
NCD 7	Asthma	1 Day	R 1,750.00	R 20,000.00
NCD 8	COPD	1 Day	R 1,750.00	R 20,000.00
NCD 9	Smoking Cessation	1 Day	R 1,750.00	R 20,000.00
NCD10	Dietary Counselling & Nutrition	1 Day	R 1,750.00	R 20,000.00
Primary Healthcare			Price per person	Min price per group
<i>Presented for groups only. Training will run for min 12 max 20 learners</i>				
PH 1	Contraception & Fertility Planning Certificate of Competence Short Course	4 Days	R 5,195.00	R 62,000.00
PH 2	Baby Immunization Training	3 Days	R 4,150.00	R 49,000.00
Health and Wellness – Non Accredited Training			Price per person	Min price per group
<i>Presented for groups only. Training will run for min 12 max 20 learners</i>				
HW 1	HIV/AIDS Peer Educators Training Programme	5 Days	N/A	R 41,350.00
HW 2	HIV / AIDS Management, Supervisor & Union Training Programme	1 Day	N/A	R 7,450.00
HW 3	Wellness Champion Training Programme	3 Days	N/A	R 22,550.00
HW 4	Peer Co-ordinator Training Programme	3 Days	N/A	R 55,550.00
Health and Wellness – Accredited Training			Price per person	Min price per group
HW 5	HIV / AIDS Peer Educators Training Programme	3 Days	R 5,750.00	R 69,000.00
HW 6	HIV / AIDS Workplace Management Training	3 Days	R 7,490.00	R 89,000.00



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Health & Safety Training

SHORT COURSES & WORKSHOPS				
Fire Fighting / Fire Prevention <i>Training can run for min 12 max 20 learners</i>			Price per person	Min price per group
F1	Basic Fire Fighting	2 Days	R 1,095.00	R 13,000.00
F2	Fire Marshalls	2 Days	R 1,390.00	R 16,000.00
F3	Emergency Evacuation Procedures	2 Days	R 1,290.00	R 15,000.00
First Aid / Medical <i>Training can run for min 12 max 20 learners</i>			Price per person	Min price per group
M1	First Aid Level 1	2 Days	R 1,095.00	R 13,000.00
M2	First Aid Level 2 (must have valid Level 1)	2 Days	R 1,190.00	R 14,000.00
M3	First Aid Level 3 (must have valid Level 2)	4 Days	R 1,790.00	R 21,000.00
M1/2	Combined First Aid Level 1 & 2	3 Days	R 1,790.00	R 21,000.00
M123	Combined First Aid Level 1, 2 & 3	5 Days	R 2,390.00	R 28,000.00
BAA	Basic Ambulance Assistant	5 Weeks	R 13,250.00	R 159,000.00
BLS	Basic Life Support for Health Care Providers	6 hours	R 1,090.00	R 13,000.00
SHE Representative / Legislation <i>Training can run for min 12 max 20 learners</i>			Price per person	Min price per group
H1	Health & Safety Representative	1 Day	R 1,095.00	R 13,000.00
H2	Introduction to Occupational Health & Safety Act	1 Day	R 1,350.00	R 16,000.00
H3	Accident & Incident Investigation	3 Days	R 4,090.00	R 49,000.00
H4	Risk Assessment - HIRA	2 Days	R 2,490.00	R 29,000.00
H5	Safety for Supervisors	2 Days	R 2,590.00	R 31,000.00
H6	Safety for Supervisors with Practical	3 Days	R 4,390.00	R 52,000.00
H7	Introduction to SAMTRAC	5 Days	R 7,150.00	R 85,000.00
H8	Advanced SAMTRAC	5 Days	R 7,390.00	R 88,000.00
H9	SAMTRAC	10 Days	R 15,990.00	R 191,000.00
H10	Construction Regulations	1 Day	R 1,290.00	R 15,000.00
H11	COID Act	1 Day	R 1,090.00	R 13,000.00
H12	Environmental Awareness	1 Day	R 1,090.00	R 13,000.00
H13	Legal Liability	1 Day	R 1,190.00	R 14,000.00



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Working at Heights Training

SHORT COURSES & WORKSHOPS				
			Price per person	Min price per group
WH1	Working at Height: Basic	1 day	R 995.00	R 11,000.00
WH2	Working at Height: Installations	1 day	R 2,490.00	R 29,000.00
WH3	Working at Height: Post Fall Arrest Rescue (FAS)	1 day	R 2,490.00	R 29,000.00
WH4	Working at Height: Post Fall Arrest Self Rescue	1 day	R 2,490.00	R 29,000.00
WH5	Working at Height: Fall Protection Plan Development (US229994)	5 days	R 4,990.00	R 59,000.00
WH6	Working at Height: Fall Arrest & Rescue (US229995)	4 days	R 3,590.00	R 43,000.00
WH7	Working at Height: Basic Fall Arrest (US229998)	3 days	R 1,490.00	R 17,000.00
WH8	Working at Height: Advanced Fall Arrest Rescue (US229999)	3 days	R 3,995.00	R 47,000.00
WH9	Confined Space Entry (US15034)	2 days	R 2,195.00	R 26,000.00
WH10	Confined Space Rescue (US260139)	3 days	R 3,590.00	R 43,000.00

Financial Wellness Training

SHORT COURSES & WORKSHOPS				
<i>Presented for groups only. Training will run for min 12 max 20 learners</i>			Price per person	Min price per group
FW1	Introduction to Financial Wellness for Employees	1 day	R 1,050.00	R 12,000.00
FW2	Financial Wellness in the Workplace for Managers	1 day	R 1,950.00	R 23,000.00
FW3	Financial Wellness Peer Educator	2 days	R 3,390.00	R 40,000.00

Momentum OCSA Academy of Excellence shall use its best endeavor's to train and service our clients correctly and timeously but does not warrant that it shall do so, nor does it warrant that the client shall not incur any damages resulting from our services or related occurrences or resulting from equipment not being serviced properly or personnel not having trained properly. The client hereby waives any claims it may have against Momentum OCSA AoE and indemnifies Momentum OCSA AoE and holds it harmless against all liabilities arising out of the causes of action set out.





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Standard pricing, terms and conditions

- All prices valid until 31st December 2018
- Training will be conducted in English unless other arrangements are arranged beforehand
- 100% course attendance and completion is a requirement for all courses
- Every learner to supply a certified copy of identification prior to the commencement of training

Individual training

- The booking confirmation must be completed, signed and returned to Momentum OCSA Academy of Excellence (AoE) to confirm the booking
- A cancellation fee will be charged at 50% of cost unless written notification has been received 5 working days prior to the first day of training
- Non-arrival on the day of training will be charged at 100%

Group training

- The service level agreement of each proposal must be completed, signed and returned to Momentum OCSA Academy of Excellence (AoE) to confirm the booking
- Proof of payment of 50% is required upon return of the signed Service Level Agreement.
- Proof of payment of the remaining 50% is required within 30 days of final invoice
- The invoice will be generated in accordance with the signed contract
- Certificates will be issued only to the employers' representative

On site training

- Prices exclude excess baggage for carrying or courier of training equipment to the site, courier of training materials in advance of training if required, courier of certificates after training, learner and facilitator refreshments during training, travel and accommodation
- A 10% administration fee will be billed for travel bookings

International training

- Costs are quoted excluding:
 - Local and international airfares (economy class), and airport transfers
 - 10% travel booking administration fees and VISA costs
 - Immunization costs for facilitators,
 - Personal & travel insurance for facilitators,
 - Excess baggage for carrying training equipment in,
 - Courier of training materials to site and training manuals in advance if required,
 - Courier of certificates after training
- Pricing for the above will be documented and agreed per individual proposal
- Some of these costs can only be finalized after completion of training and will be included in the PO for final invoicing
- All international training accounts to be settled in SA Rand (ZAR) equivalents to avoid foreign currency exchange losses
- Withholding taxes will apply to all international training proposals over and above the stipulated costs in the costing applicable to the laws of each specific country
- All other international financial transactional costs will be for the clients account